

Villa Oasis School Menu

June 2019




Monday

Tuesday

Wednesday

Thursday

Friday

<p>Breakfast Choice of: Bagel w/ cream cheese or Muffin, banana nut or Cinnamon swirl or Peanut butter and jelly s/w or Cereal and or toast w/jelly Fruit / Juice / Milk</p>	<p>Breakfast Choice of: Bagel w/ cream cheese or Muffin, banana nut or Cinnamon swirl or Peanut butter and jelly s/w or Cereal and or toast w/jelly Fruit / Juice / Milk</p>	<p>Breakfast Choice of: Bagel w/ cream cheese or Muffin, banana nut or Cinnamon swirl or Peanut butter and jelly s/w or Cereal and or toast w/jelly Fruit / Juice / Milk</p>	<p>Breakfast Choice of: Bagel w/ cream cheese or Muffin, banana nut or Cinnamon swirl or Peanut butter and jelly s/w or Cereal and or toast w/jelly Fruit / Juice / Milk</p>	<p>Breakfast Choice of: Bagel w/ cream cheese or Muffin, banana nut or Cinnamon swirl or Peanut butter and jelly s/w or Cereal and or toast w/jelly Fruit / Juice / Milk</p>
<p>03 Cheeseburger Potatoes / Veggies Fruit / Juice / Milk</p>	<p>04 Lunch Corndog Potatoes / Veggies Fruit / Juice / Milk</p>	<p>05 Lunch Chicken rice burritos Beans / Corn Fruit / Juice / Milk</p>	<p>06 Lunch Pizza Veggies Fruit / Juice /Milk</p>	<p>07 </p>
<p>10 Lunch Chicken burger Potatoes / Veggies Fruit / Juice / Milk</p>	<p>11 Lunch Hotdog Potatoes / Veggies Fruit / Juice / Milk</p>	<p>12 Lunch Chicken rice burritos Beans / Corn Fruit / Juice / Milk</p>	<p>13 Lunch Pizza Veggies Fruit / Juice /Milk</p>	<p>14</p>
<p>17 Cheeseburger Potatoes / Veggies Fruit / Juice / Milk</p>	<p>18 Lunch Corndog Potatoes / Veggies Fruit / Juice / Milk</p>	<p>19 Lunch Chicken rice burritos Beans / Corn Fruit / Juice / Milk</p>	<p>20 Lunch Pizza Veggies Fruit / Juice /Milk</p>	<p>21</p>
<p>24 Lunch Chicken burger Potatoes / Veggies Fruit / Juice / Milk</p>	<p>25 Lunch Hotdog Potatoes / Veggies Fruit / Juice / Milk</p>	<p>26 Lunch Chicken rice burritos Beans / Corn Fruit / Juice / Milk</p>	<p>27 Lunch Pizza Veggies Fruit / Juice /Milk</p>	<p>23</p>
<p></p>	<p>Breakfast Menu Nutrient AVG Calories 454 Sodium (mg) 423 Total Fat (g) 8.05 Saturated Fat (g) 1.69 Trans Fat¹ (g) 0.00</p>	<p>Lunch Menu Nutrient AVG Calories 779 Sodium (mg) 1,245 Total Fat (g) 19.25 Saturated Fat (g) 4.97 Trans Fat¹ (g) 0.00</p>	<p></p>	<p>A healthy diet and exercise are KEY to being fit!</p>

Assorted fruit, juice, fat free chocolate and 1% white milk available for breakfast and lunch / Menu items subject to change due to availability USDA is an equal opportunity provider and employer